



S.W. Hackett Lodge# 574 F&AM

Chartered October 11, 1923
San Diego Scottish Rite Center
1895 Camino Del Rio South
San Diego, CA 92108-3683

E-Mail: secretary@freemason574.org
E-Mail: Hackett@lodge.sdcoxmail.com
Phone: 619-295-4420

Website: www.freemason574.org
Email: info@freemason574.org

February 2018



FROM THE EAST

Brethren and Ladies,

On January 2nd, we held our Stated Meeting, where I presented the committees and my budget for 2018. If things go as planned, it shows that the budget will balance this year, and I thank the Brethren for voting to accept it.

Our secretary Worshipful Dimiter has been under the weather lately, and I'm hoping that he gets well, and will return to lodge soon, as I need to work out some of the dates on our calendar. We will keep with tradition on most of our events, like the Spelling Bee, and lodge picnic at Santee Lakes, but I'd like to get the other events on the calendar for us to plan ahead. Also I'd like to move forward with our retention committee, as lately we've been having problems with membership.

As for the new Entered Apprentices, we're off to a slow start, as both of them have issues with their jobs that are really prohibiting the advancement to the second degree. I believe that it will work out for the best if we keep working with them.

January 15th, MLK day, our Inspector, Worshipful Bullard and Inspector Worshipful Torres, scheduled the Officer School of Instruction, with Hackett doing the ritual work. It was short notice, but our officers did an absolutely fantastic job with the ritual, and it was noticed by all. Worshipful Bullard, also informed us that presenting the Mason Of the Year event this year, which is in September, will be the work of the 921st Masonic District. He also said that he will be dividing the job amongst his lodges, and spread out the work so the burden of putting it all together will not totally fall on SW Hackett Lodge. Working with the other lodges, I know we will create and present another fun and important event for all.

Don't forget that Worshipful "JR" Knight has been scheduling Masonic Education on the fourth Tuesday of each month in our Lodge room, and all Masons are welcome to attend. This is a good time to remind all of our brethren to come on down to Lodge and share the fellowship with us. Drive Safe and I hope to see everyone in lodge.

Sincerely and Fraternaly,
Bro. Bob Salini, Master

2018 OFFICERS

- Master Robert Salini, PM
- Sr. Warden..... William "JR" Knight, PM
- Jr. Warden John Fitch, PM
- Treasurer David Casper
- Secretary Dimiter Lyakov, PM
- Chaplain..... Benjamin Pulido
- Sr. Deacon..... Stefan Werkstetter
- Jr. Deacon Robert Gale
- Marshall Robert Scheeler
- Sr. Steward Mario Urbino
- Jr. Steward..... Horatio Johnson
- Tiler Jim Achenbach, PM
- Officer's Coach: Dennis Stahr, PM
- Officer's Coach: Robert Salini, PM
- Inspector, 921st. Masonic District: Richard W. Bullard, PM

FEBRUARY EVENTS

- | | |
|-----------------------------------|--------------|
| 6 Stated Dinner/Meeting | 6:30 pm |
| 13 Proficiency / Officer practice | from 4:30 pm |
| 20 Proficiency / Officer practice | from 4:30 pm |
| 27 Masonic Education | 6:30 pm |

FEBRUARY STATED DINNER MENU

- Spring Mix/Strawberries
- Seasoned Baron of Beef
- Chicken Dijon with Honey Mustard
- Au Gratin Potatoes
- Steamed Squash & Zucchini w/lemon butter
- Red Velvet Cake w/Strawberry Ice Cream

Dinner cost is \$15 per person. Make your lodge reservations with the Lodge Secretary at 619-295-4420 or email to: hackett@lodge.sdcoxmail.com.

EDITOR'S REQUEST

Please submit articles. Everyone is requested to submit articles for the Trestleboard, in fact, it is encouraged. Please email them to info@freemason574.org on or before the 19th of every month. Thank you!



FROM THE WEST

2018 COMMITTEE CHAIRPERSONS

Audit	“JR” Knight, PM
Budget & Finance.....	Robert Scheeler
Candidate Coaching.....	Clint Black, PM
Charity	Robert Salini, Master
Member Retention.....	John Fitch, PM
Delinquent Dues.....	Dennis Stahr, PM
Funeral	David Haslim, PM
Honored Ladies	Maebelle Haslim
Life Membership.....	James Campbell, PM
Masonic Education.....	Jim Achenbach, PM
Calif. Annual Fund.....	Robert Salini, PM
Public Schools.....	Jim Achenbach, PM
Entertainment.....	Robert Gale
Sunshine & Visit.....	Dennis Stahr, PM
Masonic Outreach	Ryan Bacaoco, PM
Trestleboard	Dennis Stahr, PM
Website Master	Dennis Stahr, PM

My Brother,

We have a fun year of education planned. Worshipful James Achenbach will be renewing his Stated Meeting lessons with me and others filling in. Our Monthly Masonic Education Lecture Series will continue on the 4th Tuesdays from 6:30 to 8:30. The dress is casual, most will be open to all Mason with a few limited to FC and MM.

Brother Stefan Werkstetter will be giving the February 27th lecture. It will be on German Freemasonry and will be an exemplification and explanation of their 1st degree and the differences between our lodges overall. I can't wait. Other lectures planned include The Celtic Cross, "Freemasonry as a Life's Journey – Parts 2 and 3, Real Life Geometry, Esoteric Mysteries of our Craft, Hypnotic Initiations, a Walkabout the Lodge among others. If you would like to suggest a subject please email me anytime. We hope you will join us.

Our Brains/Minds are the most powerful thing in the universe. I wish I could get everyone to realize this reality. I challenge you to find something, anything that the human mind and not overcome... I can assure you that no matter the problem one or more human minds has or will conquer. The main obstacle to the individual mind is negativity or its ability to believe it can do or overcome anything.

I bring this up because I keep hearing folks talk about being sick, having the flu, getting a disease... as if they have absolutely no control over their body's systems. But our minds can really effect how we feel or our general health. Consider a placebo: If your mind believes this little pill can cure whatever you may have from a cold to cancer in most cases you will be cured. This phenomena is really how faith healing or voodoo work. Voodoo relies on a kind of mind control to trick the victim's brain into doing what the "Priest" wants. So you are asked 'are you okay, you don't look well'. It happens again and then again and your brain will start to believe there is something wrong with you. A faith healer relies on your believe in a higher power to get your brain to heal your ailment. Granted some are scammers wanting your money but I've personally seen very real miracles over the years. On the smaller scale I've not had a "cold/flu" in many years... I am constantly surrounded by people who are continually getting ill. They all claim they got it from their kids or coworkers or... Yet here I am talking to them, shaking their hands, and instead of joining them in their illness, my brain says I don't get sick and therefor I don't. It's amazing just how simple it really is the mind, YOUR mind, can do anything if you believe it can. But you have to truly believe it is so.

Earlier I mentioned negativity, this is also known as homeostasis, the tendency toward a relatively stable



equilibrium between interdependent elements, especially as maintained by physiological processes. How this works is that your brain likes what it knows even if what it knows is bad for you. Quitting smoking is the perfect example of the brain's want for homeostasis, working against its own interest. The brain convinces itself that quitting smoking is too hard, and the struggle begins.

Over the years I've mentioned a high school girlfriend's mother, "M" who studied with Brother Manly P. Hall. Among the many incredible things I watched her do was faith healing. On many occasions I would watch and or join in with the laying on of hands or other modalities depending on the belief system of the person. It was an interesting education. People would hear about her and come to her home for help. She wouldn't just ask about their ailment but would talk to them about their beliefs to get a better understanding of how to get past their brains need for homeostasis.

The most important point is the fact that not only does a person have to believe in the ability of the brain and healer to cure, but that they must know that they are worthy of the cure. I saw a strong Christian woman suffering from cancer but her healing was delayed since she said that she didn't feel worthy of Jesus' help. The negativity of homeostasis was helping to keep her ill. She had done some things in her youth that made her feel shame and unworthy. "M" changed the modality to break the negativity and get past her brain's need for homeostasis. The lady eventually passed away but years later than her doctors gave her.

I've also mentioned a Brother "F.J." who was a faith healer himself. He'd been a healer for many years and was well skilled in the brains abilities. When he was 79 he came down with lymph cancer and was given only 6 months. That brother passed away peacefully at home, he was 89. Brother "F.J." made a few tapes on Meditation / faith healing, I have digitized them and put them in my Drop Box. If you would like a copy just let me know.

I tell these stories to illustrate the mind, your Mind's ability to overcome even our most difficult challenges. If you only think positively and believe. Cheers my Brother.

Sincerely & Fraternaly,
William "JR" Knight, PM, Senior Warden

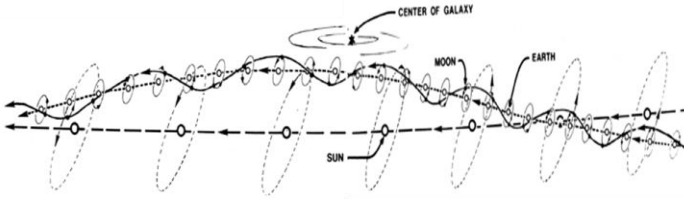


FROM THE SOUTH

Brethren:

I would like to follow-up last's months article on Solstices, and take perspectives differing from our observation of the position of the Sun with respect to the Earth's Horizons.

First, from much farther away:



As the Sun travels about the center of the Galaxy, the Earth travels in a corkscrew type spiral along the path of the Sun, and likewise the Moon traverses a smaller spiral along the path of the Earth. Similarly, all of the other Planets and Moons dance together along this Helical Precession.

From a much closer perspective, to measure and perceive these things with our senses and intellect, we utilize the Five Postulates of 3rd Century BC Greek Mathematician, Euclid of Alexandria (the Father of Geometry).

1. A straight line segment can be drawn joining any two points.
2. Any straight line segment can be extended indefinitely in a straight line.
3. Given any straight line segment, a circle can be drawn having the segment as radius and one endpoint as center.
4. All Right Angles are equal to one another.
5. Given a line and a point, not on that line, there is one line that passes through that point and is parallel to the given line.

These Five Postulates hold for our local perspective, which is called Euclidian Geometry, but from our perspective of a Larger Universe, where Gravity bends Light and Space itself is curved. Straight lines can be curved, and curved lines can be straight. It is all relative to our perspective.

I can take comfort in understanding what I can see with my own Eyes. Jupiter, Mars and Saturn are the morning Planets because we are catching up to them, and Venus is the evening Planet because it has already passed us, and gone around the Sun.

Fraternally yours,
John Fitch, PM, Junior Warden

References:
SYNERGETICS Explorations in the Geometry of Thinking
by R. Buckminster Fuller

Geometry, Relativity and the Fourth Dimension by Rudolf v. B. Rucker

THE PAST MASTER'S SYMBOL



The Past Master's Symbol is an often seen but not so frequently explained Masonic Symbol. It commonly consists of The Compass, Sun, and Quadrant (or Protractor), and in most jurisdictions a Square.

The Compass has a familiar interpretations for it is by the Compass that a Mason is reminded to keep his actions within due bounds. The Square also has a familiar meaning, for in Acting on the Square a Mason conducts himself honestly, with morality and virtue. The Square is the Master's jewel (a reminder of how he should govern), and is a part of the Past Master's Symbol as a reminder of the office he held.

The Quadrant is the arc that the compass rests upon, either below or in place of the square on the familiar symbol of the fraternity. The Quadrant shows what angle the Compass is opened at. Symbolically, as every Mason is supposed to use the Compass to keep his actions within due bounds. It is The Quadrant that measures those due bounds, and it is the responsibility of the Master of the Lodge to ensure that Masons under his jurisdiction are making proper use of their own Compass. The Quadrant also shows the Compass to be opened to 60 degrees, the angle of an equilateral triangle, which is a symbol of balance.

The Compass paired with the Quadrant could also be seen as a Sextant a navigation tool used to measure position. The Sextant symbolizes that not only did the Past Master have to navigate the course of his Lodge in the past, but also that he is qualified to do so, should his successors require his advice or assistance.

The Sun represents Light and the Master of a Lodge is supposed to be a source of Masonic Light. It also signifies that the Past Master has observed the sun at meridian height (the South), setting (the West), and rising (the East).

In the some jurisdictions around the world, The 47th Problem of Euclid Suspended by a Square is used as The Past Master's Symbol. The 47th Problem of Euclid (also known as the Pythagorean Theorem) is used to prove a square a vital skill to ancient builders. Suspended by the Square, the symbol represents the knowledge and wisdom that a Past Master has gained from his service to his Lodge and Masonry in general.

EDITOR'S CONTINUAL REQUEST

If you have a working email address, please help your lodge save money by informing us so that we can begin emailing your Trestleboard and saving the postage. You can email me at: masonic574@irfutures.com and/or Wor. Dimiter, our Secretary, at: Hackett@lodge.sdcoxmail.com

**Happy birthday to all the Ladies of the Lodge
Whose birthday is in February**

FEBRUARY BIRTHDAYS

8	Richard	Bergstrom
9	Mario	Urbino
10	William	Eade
20	William	Knight
26	Travis	King
28	Edward	Jackson
28	Benjamin	Bridges

ECHOES FROM THE PAST - (10 + Years)

<u>Brother</u>		<u>Raised</u>	<u>Years</u>
Leonard	Kulhanjian	1959	58
Gerald	Lynn	1977	40
Howard	Mc Gill	1979	38
James	Williams	1997	20
Antonio	Balat	1997	20
Ivan	English	1998	19
John	Fitch	2000	17
Mark	Ingersoll	2005	12
Anthony	Thornburg	2005	12